



Pouches Shopping List

TOP FIVE POUCHES:* Contains the least amount of industrial and environmental contaminants and/or the highest nutritional superiority.

1.

Earth's Best
Stage 2 - Organic
Squash and Sweet
Peas Baby Food
Puree



2.

Yummy Spoonfuls
Only Peas 100%
Organic Baby Food



3.

Babies "R" Us
Stage 2 - Purely Simple
Organic Pear, Zucchini,
Kale with Millet
Smooth Baby Food
Puree



4.

Babies "R" Us
Stage 2 - Purely
Simple Organic
Peach, Kale & Pear
Smooth Baby Food
Puree



5.

Sprout
Stage 2 Banana,
Plum, Blueberry,
Quinoa Organic
Baby Food



BOTTOM FIVE POUCHES:* Contains the highest amount of industrial and environmental contaminants and/or the lowest nutritional superiority.

1. **Plum Organics** Stage 2 Apple & Carrot
Organic Baby Food

2. **Gerber** Graduates - Grabbers Apple & Sweet
Potato with Cinnamon Squeezable Fruit & Veggies

3. **Earth's Best** Stage 2 - Organic Apple Raisin
Flax & Oat Wholesome Breakfast

4. **Parent's Choice** 2nd Stage Banana, Pear,
Mango & Orange Organic Baby Food

5. **Mom to Mom** Stage 2 Butternut Squash & Pear
Baby Food

*Ratings are based on comprehensive laboratory testing for levels of dangerous environmental and industrial toxins. Over 250 products were tested that make up the top 90% of the bestselling products reported by Nielsen for 2016.

Learn more at www.cleanlabelproject.org