## Pouches Shopping List

### TOP FIVE POUCHES:
Contains the least amount of industrial and environmental contaminants and/or the highest nutritional superiority.

1. **Earth's Best**
   Stage 2 - Organic
   Squash and Sweet
   Peas Baby Food
   Puree

2. **Yummy Spoonfuls**
   Only Peas 100%
   Organic Baby Food

3. **Babies "R" Us**
   Stage 2 - Purely Simple
   Organic Pear, Zucchini, Kale with Millet
   Smooth Baby Food
   Puree

4. **Babies "R" Us**
   Stage 2 - Purely Simple
   Organic Peach, Kale & Pear
   Smooth Baby Food
   Puree

5. **Sprout**
   Stage 2 Banana, Plum, Blueberry, Quinoa Organic Baby Food

### BOTTOM FIVE POUCHES:
Contains the highest amount of industrial and environmental contaminants and/or the lowest nutritional superiority.

1. **Plum Organics** Stage 2 Apple & Carrot
   Organic Baby Food

2. **Gerber** Graduates - Grabbers Apple & Sweet Potato with Cinnamon Squeezable Fruit & Veggies

3. **Earth's Best** Stage 2 - Organic Apple Raisin Flax & Oat Wholesome Breakfast

4. **Parent's Choice** 2nd Stage Banana, Pear, Mango & Orange Organic Baby Food

5. **Mom to Mom** Stage 2 Butternut Squash & Pear Baby Food

*Ratings are based on comprehensive laboratory testing for levels of dangerous environmental and industrial toxins. Over 250 products were tested that make up the top 90% of the bestselling products reported by Nielsen for 2016.

Learn more at [www.cleanlabelproject.org](http://www.cleanlabelproject.org)