



Juices & Drinks Shopping List

TOP FIVE JUICES & DRINKS:* Contains the least amount of industrial and environmental contaminants and/or the highest nutritional superiority.

1.

Orgain
Kids Protein
Strawberry Organic
Nutritional Shake



2.

Orgain
Kids Protein Vanilla
Organic Nutritional
Shake



3.

Ella's Kitchen
Coconut + Milk with
Banana, Apricot +
Raisin Nutritional
Shake



4.

Ella's Kitchen
Coconut + Milk
with Broccoli, Plums
+ Pears Nutritional
Shake



5.

Ella's Kitchen
Superrr Sweet
Potato + Mango
Smoothie Drink



BOTTOM FIVE JUICES & DRINKS:* Contains the highest amount of industrial and environmental contaminants and/or the lowest nutritional superiority.

1. Gerber Apple Prune Juice from Concentrate

2. Doctor Rachs Kidz Shake Chocolate Cream
Dietary Supplement

3. Gerber Apple Carrot Blend Juice from
Concentrate

4. Up & Up Chocolate Pediatric Shake

5. Gerber 100% Juice Mixed Fruit Juice from
Concentrate

*Ratings are based on comprehensive laboratory testing for levels of dangerous environmental and industrial toxins. Over 250 products were tested that make up the top 90% of the bestselling products reported by Nielsen for 2016.

Learn more at www.cleanlabelproject.org