



Jars & Meals Shopping List

TOP FIVE JARS & MEALS:* Contains the least amount of industrial and environmental contaminants and/or the highest nutritional superiority.

- 1. Earth's Best**
Stage 3 - Organic
Tender Chicken &
Stars Chunky Blend



- 2. Pure Spoon**
Purees Butternut
Squash, Apple &
Oats Puree



- 3. Earth's Best**
Stage 2 - Organic
Vegetable Turkey
Dinner



- 4. Gerber**
Breakfast Buddies
Apple Cinnamon
Hot Cereal with
Real Fruit



- 5. Gerber**
Breakfast Buddies
Peach Hot Cereal
with Real Fruit



BOTTOM FIVE JARS & MEALS:* Contains the highest amount of industrial and environmental contaminants and/or the lowest nutritional superiority.

- 1. Gerber** 3rd Foods Banana Apple Strawberry with Lil' Bits
- 2. O Organics** Stage 2 - Organic Pears Baby Food
- 3. NurturMe** Squash, Banana and Green Kale Organic Dried Baby Food
- 4. NurturMe** Carrots, Raisins and Sweet Potatoes Organic Dried Baby Food
- 5. Gerber** 3rd Foods Mixed Carrots, Corn and Butternut Squash with Lil' Bits

*Ratings are based on comprehensive laboratory testing for levels of dangerous environmental and industrial toxins. Over 250 products were tested that make up the top 90% of the bestselling products reported by Nielsen for 2016.

Learn more at www.cleanlabelproject.org