Jars & Meals Shopping List

TOP FIVE JARS & MEALS:* Contains the least amount of industrial and environmental contaminants and/or the highest nutritional superiority.

1. **Earth’s Best**
   Stage 3 - Organic Tender Chicken & Stars Chunky Blend

2. **Pure Spoon**
   Purees Butternut Squash, Apple & Oats Puree

3. **Earth’s Best**
   Stage 2 - Organic Vegetable Turkey Dinner

4. **Gerber**
   Breakfast Buddies Apple Cinnamon Hot Cereal with Real Fruit

5. **Gerber**
   Breakfast Buddies Peach Hot Cereal with Real Fruit

BOTTOM FIVE JARS & MEALS:* Contains the highest amount of industrial and environmental contaminants and/or the lowest nutritional superiority.

1. **Gerber** 3rd Foods Banana Apple Strawberry with Lil’ Bits

2. **O Organics** Stage 2 - Organic Pears Baby Food

3. **NurturMe** Squash, Banana and Green Kale Organic Dried Baby Food

4. **NurturMe** Carrots, Raisins and Sweet Potatoes Organic Dried Baby Food

5. **Gerber** 3rd Foods Mixed Carrots, Corn and Butternut Squash with Lil’ Bits

*Ratings are based on comprehensive laboratory testing for levels of dangerous environmental and industrial toxins. Over 250 products were tested that make up the top 90% of the bestselling products reported by Nielsen for 2016.

Learn more at www.cleanlabelproject.org