



# Baby Cereal Shopping List

**TOP FIVE BABY CEREAL:**\* Contains the least amount of industrial and environmental contaminants and/or the highest nutritional superiority.

- 1. Happy Baby**  
Oatmeal Organic Probiotic Baby Cereal



- 2. Beech-Nut**  
Stage 2 Oatmeal & Mixed Fruit Baby Cereal



- 3. Beech-Nut**  
Stage 1 Single Grain Oatmeal Baby Cereal



- 4. Beech-Nut**  
Stage 2 Multigrain Baby Cereal



- 5. Little Duck Organics**  
Mighty Oats Cereal  
5 Ancient Grains Naked Cereal



**BOTTOM FIVE BABY CEREAL:**\* Contains the highest amount of industrial and environmental contaminants and/or the lowest nutritional superiority.

- 1. Healthy Times** Special Nourish Organic Brown Rice Cereal for Baby
- 2. Organix** Raspberry & Banana Muesli
- 3. Gerber** DHA & Probiotic Rice Cereal with Vitablocks
- 4. Earth's Best** Organic Whole Grain Rice Cereal
- 5. Parent's Choice** 1st Stage Rice Baby Cereal

\*Ratings are based on comprehensive laboratory testing for levels of dangerous environmental and industrial toxins. Over 250 products were tested that make up the top 90% of the bestselling products reported by Nielsen for 2016.

Learn more at [www.cleanlabelproject.org](http://www.cleanlabelproject.org)